

**KEY: Provide portions for age group representing majority of children.**

M/MA: Meat or meat alternate (portion must be listed in ounce weight)

FV: Full-strength juice or fruit or vegetable (portion must be listed in cup measure)

G/B: Grains/breads (portion must be listed in ounces or grams, or if bread, by the slice)

M: Milk (portion must be listed in cup measure)

O/F: Other foods

Age 3-5

**ILLINOIS STATE BOARD OF EDUCATION**

Nutrition and Wellness Programs Division

100 North First Street, W-270

Springfield, Illinois 62777-0001

**LUNCH/SUPPER MENUS**

AGREEMENT NUMBER AGREEMENT NUMBER

09-010-5050

Child and Adult Care Food Program

Summer Food

Majority of children are ages:

3-5  6-12

CONTACT PERSON

Component (See Key Above)	MENU		ISBE CORRECTION	MENU		ISBE CORRECTION	ITEM
	ITEM	PORTION		ITEM	PORTION		
M/MA: FV-1: FV-2: G/B: M: O/F:	Day 1 Roasted Turkey Pineapple Sweet potatoes roll Milk	1 1/2 oz 1/4 cup 1/4 cup 1 serving 3/4 cup		Day 2 Teriyaki Chicken mandarin oranges peas whole grain Stir Fry noodles Milk	1 1/2 oz 1/4 cup 1/4 cup 1/4 cup 3/4 cup		Day 3 Salisbury Steak diced mango green beans bread - 1/2 slice Milk 3/4 cup
M/MA: FV-1: FV-2: G/B: M: O/F:	Day 4 chicken Alfredo mixed fruit peas + carrots whole grain pasta Milk	1 1/2 oz 1/4 cup 1/4 cup 1/4 cup 3/4 cup		Day 5 Roast Beef + Cheddar watermelon spinach on whole grain bun Milk	1 1/2 oz 1/4 cup 1/4 cup 1 serving 3/4 cup		Day 6 Meatloaf apple sauce broccoli whl grn roll Milk
M/MA: FV-1: FV-2: G/B: M: O/F:	Day 7 chicken casserole pineapple peas whole grain rice Milk	1 1/2 oz 1/4 cup 1/4 cup 1/4 cup 3/4 cup		Day 8 Grilled cheese fruit cocktail cucumber on whole grain bread milk	1 1/2 oz 1/4 cup 1/4 cup 1 slice 3/4 cup		Day 9 meat lasagna apricots green beans whole grn. pasta milk
M/MA: FV-1: FV-2: G/B: M: O/F:	Day 10 cheese burger peaches Sweet potato on wh. wheat bun milk	1 1/2 oz 1/4 cup 1/4 cup 1 serving 3/4 cup		Day 11 chicken sandwich pears cooked diced carrots wh wheat bun milk	1 1/2 oz 1/4 cup 1/4 cup 1 serving 3/4 cup		<b>ISBE USE ONLY</b>  Date _____ The menus have been approved the approved menus may vary

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*Ages 1-2*

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 Nutrition and Wellness Programs Division  
 100 North First Street, W-270  
 Springfield, Illinois 62777-0001

**LUNCH/SUPPER MENUS**

AGREEMENT NUMBER AGREEMENT NUMBER  
09-010-5050

Child and Adult Care Food Program  Summer Food

Majority of children are ages:  1-2  6-12 CONTACT PERSON \_\_\_\_\_

Component (See Key Above)	MENU			ISBE CORRECTION	MENU			ISBE CORRECTION
	ITEM	PORTION			ITEM	PORTION		
	Day 1				Day 2			Day 3
M/MA:	Roasted Turkey	1 oz		Teriyaki Chicken	1 oz			Salisbury Stea
F/V-1:	pineapple	1/8 cup		mandarin oranges	1/8 cup			diced mango
F/V-2:	sweet potatoes	1/8 cup		peas	1/8 cup			green beans
G/B:	roll	1/2 serving		whole grain Stir Fry noodles	1/4 cup			bread - 1/2 slice
M:	Milk	1/2 cup		Milk	1/2 cup			MILK 3/4 cup
O/F:								
	Day 4			Day 5				Day 6
M/MA:	chicken Alfredo	1 oz		Roast Beef + Cheddar	1 oz			Meatloaf
F/V-1:	mixed fruit	1/8 cup		watermelon	1/8 cup			apple sauce
F/V-2:	peas + carrots	1/8 cup		spinach	1/8 cup			broccoli
G/B:	whole grain pasta	1/4 cup		on whole grain bun	1/2 serving			whl grn. roll
M:	Milk	1/2 cup		Milk	1/2 cup			Milk
O/F:								
	Day 7			Day 8				Day 9
M/MA:	chicken Casserole	1 oz		Grilled cheese	1 oz			meat lasagna
F/V-1:	pineapple	1/8 cup		fruit cocktail	1/8 cup			apricots
F/V-2:	peas	1/8 cup		cucumber	1/8 cup			green beans
G/B:	whole grain rice	1/8 cup		on whole grain bread	1/2 serving			whole grn. past
M:	Milk	1/2 cup		milk	1/2 cup			milk
O/F:								
	Day 10			Day 11				ISBE USE ONLY
M/MA:	Cheese burger	1 oz		chicken sandwich	1 oz			
F/V-1:	peaches	1/8 cup		pears	1/8 cup			
F/V-2:	sweet potato	1/8 cup		cooked diced carrots	1/8 cup			
G/B:	on wh. wheat bun	1/2 serving		wh wheat bun	1/2 serving			
M:	milk	1/2 cup		milk	1/2 cup			
O/F:								

Date \_\_\_\_\_  
 The menus have been approved by \_\_\_\_\_  
 the approved menus may