



PARKLAND COLLEGE MASSAGE PROGRAM ESSENTIAL QUALIFICATIONS

Students matriculating in and graduating from a Parkland College Massage Therapy health career program must be able to meet the Essential Requirements of the academic program and must not pose a threat to the well-being of patients, other students, staff, or themselves. As an incoming massage therapy student you will need, at a minimum, the following types of skills and abilities and will need to maintain and demonstrate these abilities throughout the program.

Students are encouraged to discuss their specific academic needs with the course instructor/program director prior to beginning a course of study. Consultation between Accessibility Services, the student and the program director are encouraged in order to address concerns.

Essential Qualifications	Behaviors
Cognitive	<ul style="list-style-type: none"> • Gather, analyze, and draw conclusions from data. • Maintain bookkeeping and record keeping skills. • Ability to comprehend, memorize, analyze and synthesize, material, possess intellect (conceptual, integrative, and qualitative) abilities for patient assessment and problem solving judgment. Maintains and builds judgment based on knowledge learned.
Affective	<ul style="list-style-type: none"> • Professional attitudes including but not limited to altruism, accountability, excellence, duty, service, honor, honesty, integrity, respect for others, compassion.
Psychomotor	<ul style="list-style-type: none"> • Stand unassisted for extended periods of time and to work for up to ninety minutes without a break. • Bend, reach, squat, and kneel repeatedly while performing massage techniques to a client. • Perform a full range of body movements, including bilateral arm and hand movements, bending, stooping, sitting, and exercise fine motor movements. Lift and carry a 30 pound portable massage table when necessary. • The use of a cart with wheels used for this purpose is allowable.
Communication	<ul style="list-style-type: none"> • Communicate effectively and professionally, both in writing and orally, with client and other professional health care personnel. • Recognize and confront inappropriate behaviors and give suggestions in a constructive and professional manner
Sensory/Observation	<ul style="list-style-type: none"> • Work in the warm, dimly lit environment of the massage therapy treatment area.
Behavioral/Emotional	<ul style="list-style-type: none"> • Respond in a controlled manner to situations involving emotional challenges.
Professional Conduct	<ul style="list-style-type: none"> • Ability to organize and efficiently use time to prepare for class and clinical. • Demonstrate effective time management skills. • Dress professionally and maintain good personal hygiene, including wearing very short fingernails. • Work alone and unsupervised for extended periods of time with clients of either sex who are unclothed, but draped. • Access reliable transportation for attending class and transporting a massage table or massage chair to various community locations as part of assigned practice massages.
Criminal Background Checks	<ul style="list-style-type: none"> • According to IDFPR, a forcible felony may prevent state licensure.

If you have any concerns regarding these standards, please email healthrecord@parkland.edu.

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